

PARSHAT VAETCHANAN  
DEUTERONOMY 3:23-7:11  
13 AV 5781/22 JULY 2021  
SHABBAT NACHAMU  
TU B'AV



*Ein Od Milvado*  
Painting by Avraham Lowenthal

YOU ARE THE ONE WHO COMFORTS

1. אין עוד מלבדו (Deuteronomy 4:35)

נַחֲמוּ נַחֲמוּ עַמִּי יֹאמֶר אֱלֹהֵיכֶם (Isaiah 40:1, haftarah for Shabbat Nachamu)

2. And God יִנָּחֵם that God had created humankind on earth, and God was pained in God's heart. (Genesis 6:6)

God said, "The people may יִנָּחֵם when they see war and return to Egypt." (Exodus 13:17)

All instances of words from the root נָחַם in Scripture mean "reconsidering what to do." They all mean to have a different thought. (Rashi on Genesis 6:6)

3. שִׁמְעוּ יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד (Deuteronomy 6:4)

4. The nature of the influence that flows from God to the world will be a reflection of the nature of our activities. (Based on the Baal Shem Tov)

"Know what is above you – an eye that sees and an ear that hears and all your deeds recorded in a book." (Mishnah, Avot 2.1)

"Know what is above you" is from you. (Dov Baer, Maggid of Mezeritch)

5. "Know today and take it into your heart that Adonai is God in the heavens above and the earth below; *ein od*." (Deuteronomy 4:39)