## PARSHAT TETZAVEH EXODUS 27:20-30:10 9 ADAR 5782/10 FEBRUARY 2022



Les Voyages Extraordinaires (d'apres Jules Verne)
Triptych by Joseph Zrihen, 2019
"one man with two passions; a doctor of the body, a painter of the soul"

## THE BEAUTY OF ATTUNING BODY AND SPIRIT

- 1. Creation (one chapter); Mount Sinai (three chapters); story of the exodus (eleven chapters); construction of the Mishkan (thirteen chapters)
- 2. "Let them make Me a sanctuary that I may dwell among them." (Exodus 25:8) Let them make Me a house of holiness. (Rashi)
  - The first step involves priming the material resource as a "vessel" for Godliness. (Rabbi Menachem Mendel Schneerson)
- 3. "Make sacral vestments for your brother Aaron, for dignity (*kavod*) and beauty (*tiferet*). (Exodus 28:2)
- 5. The beauty of triptych: Day 1, Day 2, Day 3.

## 4. The spirit

likes to dress up like this: ten fingers, ten toes,

shoulders, and all the rest at night in the black branches, in the morning

in the blue branches of the world. It could float, of course, but would rather

plumb rough matter. Airy and shapeless thing, it needs the metaphor of the body,

lime and appetite, the oceanic fluids; it needs the body's world, instinct

and imagination and the dark hug of time, sweetness and tangibility,

to be understood, to be more than pure light that burns where no one is –

so it enters us —
in the morning
shines from brute comfort
like a stitch of lightning;

and at night lights up the deep and wondrous drownings of the body like a star.

(Mary Oliver, *Poem*, the spirit like to dress up)